

Breakfast

Well & truly granola, fresh fruit, De Winkel yoghurt, brandy berries coulis GF, V	19
Buckwheat porridge, caramelised banana, granola crumb, berries coulis GF, V	20
Seasonal fruits, De Winkel yoghurt, manuka honey GF, V	14
Honey linseed sourdough, homemade seasonal jam, rolled butter V	12
Benedict, crispy potato rosti, poached free-range eggs, hollandaise GF with streaky bacon GF with smoked Akaroa salmon GF with mushroom and wilted spinach V	26 29 24 26
Omelette, free-range eggs, honey linseed sourdough, tomato relish, choice of 3 fillings mushroom / spinach / onion / ham / bacon / tomato / cheese GF*	26
Mediterranean Quesadilla, smoked carrot hummus, spinach, feta cheese, bean ragu, caramelised onion, poached egg V with braised Lumina lamb shoulder Avocado on croissant, freshly baked croissant, basil pesto, poached eggs, rocket, parmesan, avocado, dukkha V Brioche French toast, caramelised banana, lemon mousse, berry compote, pistachio crumb V Eggs on toast, free-range eggs cooked to your preference, honey linseed sourdough, tomato relish GF*, V	22 27 25 28 19
Sides	
Smoked Akaroa salmon GF	10
Streaky bacon / breakfast sausage	7
Avocado / spinach / mushrooms / roast tomatoes GF V VG*	4

The Mentreal



Beverages

Hot

Hu	mm	ingbird Re:Start 100% Fair	r Trade, organic espresso
		**	

Mochaccino	6.5
Hot chocolate	6.5
Flavored shots (vanilla, caramel, hazelnut, chai)	.50
Alternative milks (soy, coconut, oat, almond)	.50
With milk	6.5
Black coffee	6

Harney & Sons Master Tea Blenders

7

Black Tea

English Breakfast – 100% China blackKeemun Early Grey Supreme – Black tea, whitetea,oolongtea,bergamotoil

Green Tea

Organic Citron Green – Organic green tea, organic orange oil Bangkok – Green tea, lemongrass, coconut, vanilla, ginger

Hot Cinnamon – Black tea, orange peel, cinnamon, cloves

Herbal Tea

Organic Peppermint – Organic peppermint leaves Chamomile – Egyptian chamomile

orialite in Strain enamening

Ginger Liquiorice – Ginger root, liquorice root

Organic Ginger Lemon – ginger root, lemon peel, black pepper, crystallised ginger

Fruit Tea

Raspberry – rosehips, hibiscus, orange peel, raspberry flakes, apple pieces, spearmint, lemon peel

Cold

Keri Juice premium, orange / apple / tomato / cranberry	5
b.alive kombucha, jasmine / earl grey	7
Voyage Water, sparkling / still	7



Small plates

Citrus marinated olives, assorted peppers GF, VG*	14
House baked focaccia , topped with thinly sliced potato and rosemary VG*	
single 12 large 20	
Soup of the moment, house baked focaccia GF*	POA
Golden truffle arancini , crispy burdock and truffle arancini, spicy ajvar yoghurt, fresh spesto V, GF	26
deditiber ribbons, mapte tallin di	26
	25
Tokyo Wagyu sliders , Wagyu ground beef, masago slaw, pickled daikon, soft milk bun	28
Red berry tea smoked venison tartare, Merchant NZ venison, crumbed cured egg volk, fresh herbs, toasted brioche, matcha mousse GF*	26
Nordic tide, cured Akaroa salmon, chilled green gazpacho, preserved lemon, oyster oam, linseed cracker GF	27
Peach and beetroot burrata, summer peaches, tomato, beetroot carpaccio, aged balsamic, toasted granola crumb, basil gelato GF	25
Market fresh oysters, tempura oysters, chorizo chilli jam or natural, riesling shallot mignotte	POA
Artisan cheese selection, trio of local and imported cheese, house made condiments GF*	36

Stone baked flatbreads

Hot smoked salmon , spinach, crème fraiche, sage onion relish, capers rocket	
Middle Eastern Lumina lamb, harissa carrot purée, mint labneh, crispy greens	26
Shredded Moroccan chicken, harissa, Fattoush, Moroccan salt	26
Vegetable ratatouille, tomato, burrata, basil, chilli V	24
Add prosciutto - 8	

V - vegetarian VG - vegan VG* - vegan option GF - gluten free GF* - gluten free option

Many of our dishes can be adapted by our chefs to cater for your specific dietary requirements or food allergies, please let your service team member know before ordering.



Salads

Fries, aioli GF,

Honey glazed kumara fries, sweet chili, aioli GF, V

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Cos and furikake , baby cos lettuce wedge, sesame buttermilk, pickled red onion, chorizo chips, baby cucumber, wasabi pea furikake GF*	26
Buddha bowl , quinoa, brown rice, buckwheat, marinated tofu, falafel, diced seasonal vegetables, edamame, butternut hummus, sesame dressing GF*, VG	24
Tuscan summer salad, sun ripened tomatoes, olives, rocket, diced seasonal	22
vegetable corn, roasted piquillo yoghurt GF, V	
Add garlic prawns - 14	
Add grilled chicken - 12	
Add hot smoked salmon - 16 Add grilled lamb loin - 17	
Add gritted tariib toiri =17	
Main plates	
Local market fish , scallop, corn mashed, charred broccolini salsa, lemon caper crème fraiche, saffron beurre blanc GF	POA
Cured Lumina lamb loin and Merguez kofta, smokey kumara crème fraiche,	49
roasted baby carrots, confit cherry tomatoes, lamb jus GF 300gm	
Pure South ribeye, wasabi salsa verde, miso butter GF	50
Sous vide pork belly , colada pineapple, cauliflower velouté mousse, apricot and mustard jus, crispy hasselback potato with caviar, lemon truffle oil GF	45
Mushroom, walnut and feta raviolin i, truffle and mascarpone sauce, parmesan, crispy mushrooms V	36
Butternut risotto, caramelised butternut pumpkin, stracciatella,	
parmesan, candied walnut GF, VG*	35
Sides	
Potato and kumara gratin, burnt ricotta, herb sala@F, V	16
Seasonal greens and dukkha GF VG*	15
Mixed green colod ginger honey dressing CE VC	17

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14

16





Cannoli, filled with classic tiramisu cream, pistachio crumb	18
Passionfruit chocolate mousse, chocolate soi orange curd, Oreo ice cream	l, 21
Brown butter maple pecan ice cream sandwid burnt honey, pecan praline, mascarpone, fres berry	
Gelato affogato add your favourite liqueur -10	14
Gelato scoop, seasonal gelato scoop	6
Artisan cheese selection, trio of local and imported cheese, house made condiments	36

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