

Breakfast

Well & truly granola, fresh fruit, De Winkel yoghurt, brandy berries coulis GF, V	19
Buckwheat porridge, caramelised banana, granola crumb, berries coulis GF, V	20
Seasonal fruits, De Winkel yoghurt, manuka honey GF, V	14
Honey linseed sourdough, homemade seasonal jam, rolled butter v	12
Benedict, crispy potato rosti, poached free-range eggs, hollandaise gf with streaky bacon gf with smoked Akaroa salmon gf with mushroom and wilted spinach v	26 29 24
Omelette, free-range eggs, honey linseed sourdough, tomato relish, choice of 3 fillings GF* mushroom / spinach / onion / ham / bacon / tomato / cheese	26
Mediterranean Quesadilla, smoked carrot hummus, spinach, feta cheese, bean ragu, caramelised onion, poached egg v with braised Lumina lamb shoulder	22 27
Avocado on croissant, freshly baked croissant, basil pesto, poached eggs, rocket, parmesan, avocado, dukkha v	25
Brioche French toast, caramelised banana, lemon mousse, berry compote, pistachio crumb v	28
Eggs on toast, free-range eggs cooked to your preference, honey linseed sourdough, tomato relish ${\tt GF^*}, {\tt V}$	19
Sides	
Smoked Akaroa salmon gr	10
Streaky bacon / breakfast sausage	7
Avocado / spinach / mushrooms / roast tomatoes gf, v, vg*	4

the Mentreal



Beverages

Hot

6
6.5
.50
.50
6.5
6.5
7
5
7
7

the Mentreal

Small plates

Citrus marinated olives, assorted peppers GF, VG*	13
Stone baked confit garlic and rosemary focaccia, walnut honey nut butter vg-	
single 14 large 19	
Soup of the moment, grilled bread GF+	20
Truffle and cheese arancini, smoked romesco sauce, artichoke, scamorza cheese mayo v	25
Fried chicken, piquillo pepper remoulade, maple tahini GF	25
Seared scallops, cauliflower purée, truffle aioli, caviar GF	26
Tempura sushi roll of the day GF*	POA
Umami wagyu beef sliders, masago slaw, pickled daikon, teriyaki	27
French onion meatball, burnt burrata, cheese toast	25
Woodford bourbon pork belly, toasted brioche, goat's cheese mousse, chorizo crumb GF*	25
Fries, aioli GF, V*	13
Honey glazed kumara fries, sweet chili, aioli GF, DF, VG*	14
Market fresh oysters, "crispy oysters with chorizo chilli jam" OR "Riesling shallot mignonette oysters"	POA
Cheese selection, three local and imported cheeses, condiments GF*	35
Stone baked flatbreads	
Hot smoked salmon, spinach, creme fraiche, sage onion relish, capers rocket	26
Middle Eastern Lumina lamb, harissa carrot purée, mint labneh, crispy greens	25
Shredded Moroccan chicken, chermoula creme fraiche, Fattoush, Moroccan salt	25
Herbed potato and garlic, bechamel, caramelised onion v	23
Cheesy garlic, cream sauce, chilli, pesto v	23

Add prosciutto - 8

V - vegetarian VG - vegan VG* - vegan option GF - gluten free GF* - gluten free option

Many of our dishes can be adapted by our chefs to cater for your specific dietary requirements or food allergies, please let your service team member know before ordering.



Salads

Grilled cos salad, anchovie dressing, prosciutto crumb, poached egg GF*	25
Mediterranean vegan bowl, fried cauliflower, beetroot, carrot hummus, vegan feta vegan ranch dressing ${}_{\mathrm{GF}^*\!,\mathrm{VG}}$	a, 22
Mixed garden salad, ginger honey dressing GF, VG Add garlic prawns - 14 Add grilled chicken - 12 Add hot smoked salmon - 16 Add grilled lamb loin - 17	18
Main plates	
Local market fish, prawn bisque risotto, battered soft shell crab, seaweed salt GF* R Lumina lamb loin, pulled Greek lamb shoulder, fasolakia yiahni, sweet carrot mous goat's cheese, pistachio jus GF	
300gm Pure South ribeye, wasabi salsa verde, miso butter GF	49
Sous vide pork belly, apple coulis, grilled piperade, apricot mustard jus GF	44
Pasta of the moment, vg*	POA
Smoked eggplant and tomato risotto, eggplant moju, parmesan, Stracciatella, toasted hazelnuts GF, VG*	35
Sides	
Potato and kumara gratin, truffle oil, parmesan GF, V	15
Seasonal greens, GF, VG*	14
Baby carrot, smoked honey paprika butter, dukkha GF, VG*	15
Mixed green salad, ginger honey dressing GF, VG	16

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